

"My body knows how to heal itself"

God's Word makes it perfectly clear that it is God's will that you are to be well, healthy, and whole. Because Jesus bore our sickness and carried our diseases, we don't have to carry them anymore. The same blood that Jesus shed on Calvary's tree for your redemption was also shed that you might be free from sickness and disease. Healing is God's promise to you. But just because it's God's will for your life doesn't mean it will automatically happen. You have to believe His promises, reach out for them in faith, and snatch them for yourself. Everything you receive from God you receive by faith. No matter what kind of sickness or health challenge, there is hope, strength, and life-altering power in speaking God's Word. Release your faith as you speak, and speak these declarations boldly. Even if you are hurting, afraid, or too weak to lift your head, speak the Word with confidence.

God's Miracle Prescription and Medication work like this:

It is to be spoken by mouth at least three times a day until faith comes, then at least once a day to maintain faith. If circumstances grow worse, double the dosage. There are NO harmful side effects!

God's Medicine, the Word of God, is the ONLY medicine that can sustain you and bring you through any and all situations in your life. As you start your day, read this Scriptural Confession every morning, and read the one to end your day in the evening. There is one other to read in the afternoon for when you feel like giving up. This will help you to remember that God will take care of you no matter what you are going through. This too shall pass!

Blessings,

Tabitha



Start Your Day With God

Rx: "He sent His Word, and healed them..." Psalm 107:20

This is the day that the Lord has made, and I will rejoice and be glad in it. I start every day with God by speaking life, health, strength, and vitality into my body because I know God's healing power is at work within me. The nature and life of God are resident in my body, driving out all manner of sickness and disease. I am strong in the Lord and in the power of His might. I believe the Word of God above anything that I think, feel, or see. His Word says that by Jesus' stripes I am healed.

My body is free from pain, sickness, and disease. It operates effectively and efficiently- free from malfunction of any kind. Every part of my body is functioning properly. Every organ, gland, and system is operating in conjunction with each other in perfect harmony, which is exactly how God designed my body to work. My immune system is strong, vibrant, and healthy. Germs, bacteria, viruses, and parasites cannot exist in my body. If any sickness or disease makes any attempt to try and attack my body, then it is quickly destroyed by the power of God's Word working in me. I boldly declare that I am healed, healthy, and whole.



I Will Not Give Up

"For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm." Ephesians 6:12-13 (New Living Translation)

Even though I may be surrounded by oppressors, I am never smothered or crushed by them. I may suffer embarrassment and become perplexed, and it may seem that there is no way out, but I still will not be driven to despair. Even though I may be pursued, persecuted, and hard-driven, God will never desert me and make me stand alone. Even though I may be struck down to the ground, I will never be struck out or destroyed. No matter what difficulties or obstacles may come my way, I will never, never, never quit!

I will not faint in the time of adversity because God is with me. I am strong and very courageous. I am persistent and undaunted in my faith. I shall never quit and I will not yield. I will not bow my knee to sickness. I am steadfast and unmoveable. I am valiant and fearless, determined and resolute in my faith. I am strong in the Lord and in the power of His might. No weapon formed against me shall prosper. I will not lose heart; I will not weaken or cave in. Victory is mine. I am relentless in my pursuit of total and complete wellness and wholeness for my body.



End Your Day With God

Rx: "Let the words of my mouth and the meditation of my heart

Be acceptable in Your sight, O Lord, my strength and my Redeemer." Psalm 19:14

The Spirit of the Lord is on me. He quickens me and gives me strength. In Him I find rest, comfort, and peace. Even in the midst of the storms of life, I am calm, cool, and collected because my mind is focused on Jesus. He keeps me in perfect peace. I have confidence in God's Word, and I trust Him to bring it to pass. I am assured that He will never leave me or forsake me.

I cast all my cares on Him; in obedience to God's Word, I choose not to be worried or anxious about anything. I will not allow myself to be fearful and troubled about any circumstance in my life. Health and healing are mine. Jesus paid the price for them and His Word says they're mine. I have released my faith, I have received my healing according to the promise of His Word, and now all that is left for me to do is test in Him until the complete manifestation of healing comes to pass. My God has promised to give His beloved sweet sleep. Therefore, I receive a full night's sleep every night, and I fully expect to wake up in the morning refreshed, revitalized, and raring to go.

